

Preparing for Infusion Day

Illness & Rescheduling

- *Teplizumab* should not be given if your body is already working to heal a severe infection. If you have an active infection or otherwise become ill before your appointment, call the infusion center to discuss whether it might be best to reschedule.
- If you need to miss a dose, you will resume daily dosing when your healthcare team determines it's safe, and the infusion center will work with you to reschedule any missed treatments so you still receive all 14 doses.



Hydrate!

- Start drinking plenty of extra fluids like water for a day or two prior to your appointment; being well hydrated can help make your veins more easily accessible.
- If you have been told to limit your fluid intake due to another medical condition, check with your provider before drinking extra fluids.

Pack the Essentials

- **List of medications and allergies:**

Include prescription medicines, over-the-counter drugs, vitamins, and supplements. Be sure to note your doses and when you take them.

- **Insurance card and identification:**

Bring your insurance card and a form of ID (eg, driver's license).

- **Entertainment:**

Bring something to help pass the time, like:

- earbuds to listen to relaxing music or your favorite podcast
- puzzles, like a crossword or sudoku
- a tablet to watch a show or movie
- a good old-fashioned paper book!

- **Comfort items:**

- Think about what will make you feel relaxed and at ease during your infusion, like a cozy lap blanket or soothing playlist.

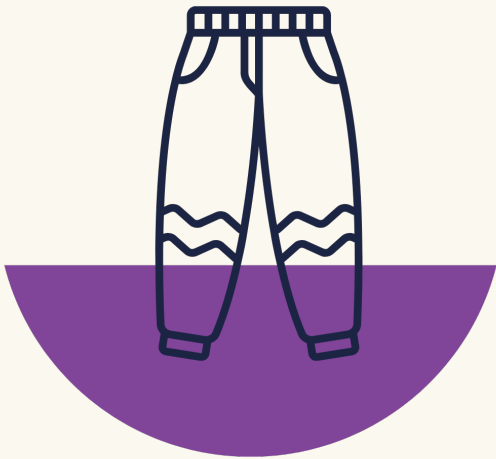


Pick out comfy clothes

- Choose some comfortable clothes for your infusion, ensuring your shirt sleeves can be rolled up easily to allow access to your arms and veins.

Some people feel chilly during their infusion because the medication is room temperature, much cooler than body temperature. Wearing warm socks and loose layers—like a light jacket, hoodie, or blanket scarf—can help you stay cozy and comfortable throughout your appointment.

- Taking a few moments to plan your outfit can go a long way toward making you comfortable.

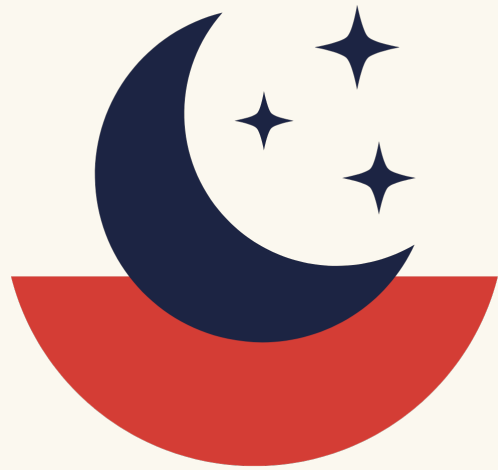


Try to get a good night's sleep.

- Being well-rested can help you feel more relaxed and make it easier to manage nervous feelings.

Getting a good night's sleep before your infusion day can help your body feel more prepared and your mind more at ease. When you're rested, it's often easier to focus, stay calm, and handle any unexpected moments that come up.

Even a short nap or quiet time the night before can make a big difference.



Together for Treatment.

